

## Guide to Completing Salah

Say (Arabic):	English meaning:	Notes/Body Movement:
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\*\*\* Please see all illustrations of noted movements on page 4

1. Allahu Akbar	God is Great	Stand with palms open next to ears, facing towards qiblah (Figure 2)
2. A'oodhu billahi minash shaitan ar rajeem	I seek refuge with Allah from Satan, the accursed	Place hands, right over left, below chest; Eyes fixed on prayer mat (Fig. 3)
3. Bismillah Ar-Rahman Ar-Rahim	In the name of Allah the Most Gracious the Most Merciful	...remain in Fig. 3 position
Alhamdu lillahi rubbil 'alamin  Ar-Rahman Ar-Rahim  Maliki yaumi din  Iyaka na'budu wa iyaka nast'ain  Ihdina siratal mustaqeem  Siratal lazina an amta alaihim  Ghairil maghdubi alaihim wa lad-dhalin  Ameen	All the praises are for Allah, the Sustainer of all the worlds, The Beneficent, the Merciful, Lord of the Day of Judgment. You alone do we worship and You alone do we ask for help. Lead us along the straight path; the path of those upon whom You have bestowed Your favors, not of those who incurred Your wrath, nor (of those who) went astray  Amen	...remain in Fig. 3 position
4. Bismillah Ar-Rahman Ar-Rahim	In the name of Allah the Most Gracious the Most Merciful	...remain in Fig. 3 position
5. Qul who Allahu ahid Allahu sumid Lam yelid wa lem ulid (Continued....) Wa lem yakoom la who	Say: He is Allah, the One and Only! Allah, the Eternal, Absolute; He begetteth not nor is He begotten. And there is	This is Surat al Ikhlas, but you may recite any surah at this step  ...remain in Fig. 3 position

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kofuwan ahid	none like unto Him.	
6. Allahu Akbar	God is Great	Going into bowing position (Fig. 4)
7. Subhana Rubbiyal Adheem (say this 3X)	Glory be to Allah the Almighty	Place hands on knees with back horizontal to floor (again Fig. 4)
8. Semi Allahu liman hamidah	Allah hears those who praise him	As returning to stand upright
9. Rabbana wa laik al humd	Oh Lord, praise be to you	As standing upright (Fig. 4a)
10. Allahu Akbar	God is Great	Start to move into next step [called sujood]
11. Subhana Rubeya Al-'Ala (3X)	Glory be to my Lord, the Most High	With knees, hands, nose, and forehead all touching the floor (Fig. 5)
12. Allahu Akbar 13. Allahu Akbar	God is Great	Step 12 as returning to seated position, step 13 as returning to sujood
14. Repeat of step 11		
15. Allahu Akbar	God is Great	A.) Return to standing position (Fig. 2) B.) Sit at this step after 2 <sup>nd</sup> rukah (Fig. 8), and after final sujood of the entire prayer
*You have now completed the first rukah (one cycle of standing, bowing, and prostrating). You will now complete steps 3-15 (B.) again, then follow the next steps		
16. At taheyatu lil-lahi was salawatu wa taiyibatu  As salamu alaika ayuhan nabi  Wa rahmatullahi wa	All compliments, prayers and beautiful expressions are for God. Peace be on you, O Messenger, and God's mercy and blessings. Peace be on us and on all	This is the first part of the Tashahud ; Sit with knees in front of you, hands on them. (Fig. 8)

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<p>barakatuhu</p> <p>As salamu alaina</p> <p>Wa ala ibadil lahis salihin</p> <p><i>*Ash hadu an la ilaha ilallah</i></p> <p><i>Wa ash hadu anna Muhammadan</i></p> <p><i>abduhu wa rasulallah</i></p>	<p>righteous servants of God. I bear witness that no one is worthy of worship except God. And I bear witness that Muhammad is His servant and messenger.</p>	<p>&lt;---*For the highlighted/italicized portion of this step, raise your right index finger as you recite (Fig. 9)</p>
<p>*For Fajr prayer, continue to step 17 to end.</p> <p>*For Dhuhr, Asr and Isha: Repeat steps 3, 6-15 (twice, except the second time follow 15B; then complete remaining steps.</p> <p>*For Maghrib, Repeat steps 3, 6-15B, then all remaining steps</p>		
<p>17. Allahuma sali ala Muhamad wa ala ali Muhamad</p> <p>Kama sallaita ala Ibrahima Wa ala ali Ibrahima</p> <p>Inaka hamidun majid</p> <p>Allahuma barik ala Muhamadin wa ala ali Muhamad</p> <p>Kama barakta ala Ibrahima wa ala ali Ibrahima</p>	<p>My God, honor Muhammad and Muhammad's family</p> <p>as you honored Abraham and Abraham's family. Surely, you are praiseworthy, the Great My God, bless Muhammad and Muhammad's family as you blessed Abraham and Abraham's family. Surely, you are praiseworthy, the Great</p>	<p>Remain seated (Fig. 8)</p>

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Innaka hamidun majid		
18. Assalamu alaikum wa rahmatullah (twice, see note)	God's peace and blessings be upon you	<p>1<sup>st</sup> - Turn head to right and say this phrase (Fig. 10)</p> <p>2<sup>nd</sup> - Turn head to left side and repeat this phrase (Fig. 11)</p>

\*Your prayer is now complete. However, now is an excellent time to make du'aa (prayer asking Allah for something), and in your own language perfectly acceptable. It is sunnah (habit of Prophet Muhammad ﷺ) to raise your hands as if holding an imaginary book to read in front of you when making du'aa. Remember to first praise Allah, ask him to bless His messenger, then ask from Allah as you wish.

\*Formal prayers are **always** recited in Arabic; the English meaning is provided for you to have understanding of what you are saying.

\*If you prayed this prayer in congregation, it is recommended to say to the others, "Taqubil Allah mink" and the reply is "Minna wa mink." This means, "May Allah accept from you (your prayer)" and "From me and from you."

