Say (Arabic):	English meaning:	Notes/Body Movement:
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1. Allahu Akbar	God is Great	Stand with palms open next to ears, facing towards qiblah
2. A'oodhu billahi minash shaitan ar rajeem	I seek refuge with Allah from Satan, the accursed	Place hands, right over left, below chest; Eyes fixed on prayer mat
3. Bismillah Ar-Rahman Ar-Rahim	In the name of Allah the Most Gracious the Most Merciful	
Alhamdu lillahi rubbil 'alamin	All the praises are for Allah, the Sustainer of all the worlds, The	
Ar-Rahman Ar-Rahim	Beneficent, the	
Maliki yaumi din	Merciful, Lord of the Day of Judgment. You	
Iyaka na'budu wa iyaka nast'ain	alone do we worship and You alone do we ask for help. Lead us along the	
Ihdina siratal mustaqeem	straight path; the path of those upon whom You have bestowed Your	
Siratal lazina an amta alaihim	favors, not of those who incurred Your wrath, nor (of those	
Ghairil maghdubi alaihim wa lad-dhalin	who) went astray Amen	
Ameen		
4. Bismillah Ar-Rahman Ar-Rahim	In the name of Allah the Most Gracious the Most Merciful	
5. Qul who Allahu ahid Allahu sumid Lam yelid wa lem ulid (Continued) Wa	Say: He is Allah, the One and Only! Allah, the Eternal, Absolute; He begetteth not nor is He	This is Surat al Ikhlas, but you may recite any surah at this step

Guide to Completing Salah

Say (Arabic):	English meaning:	Notes/Body Movement:
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lem yakoom la who	begotten. And there is		
kofuwan ahid	none like unto Him.		
6. Allahu Akbar	God is Great	Going into bowing position	
7. Subhana Rubbiyal Adheem (say this 3X)	Glory be to Allah the Almighty	Place hands on knees with back horizontal to floor	
8. Semi Allahu liman hamidah	Allah hears those who praise him	As returning to stand upright	
9. Rabbana wa laik al humd	Oh Lord, praise be to you	As standing upright	
10. Allahu Akbar	God is Great	Start to move into next step (sujood)	
11. Subhana Rubeya Al-'Ala (3X)	Glory be to my Lord, the Most High	With knees, hands, nose, and forehead all touching the floor	
12. Allahu Akbar 13. Allahu Akbar	God is Great	Step 12 as returning to seated position, step 13 as returning to sujood	
14. Repeat of step 11		<u> </u>	
15. Allahu Akbar	God is Great	A.) Return to standing position	
		B.) Sit at this step after 2 nd rukah, and after final sujood of the prayer	
*You have now completed the first rukah (one cycle of standing, bowing, and prostrating). You will now complete steps 3-15 (B.) again, then follow the next steps			
16. At taheyatu lil-lahi was salawatu wa taiyibatu	All compliments, prayers and beautiful expressions are for	(first part of the Tashahud)	
As salamu alaika ayuhan nabi	God. Peace be on you, O Messenger, and God's mercy and blessings.	Sit with knees in front of you, hands on them.	

Guide to Completing Salah

Say (Arabic):	English meaning:	Notes/Body Movement:
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Wa rahmatullahi wa barakatuhu As salamu alaina Wa ala ibadil lahis	Peace be on us and on all righteous servants of God. I bear witness that no one is worthy of worship except God. And I bear witness that	
salihin	Muhammad is His servant and messenger.	
*Ash hadu an la ilaha ilallah		<*For the italicized portion of this step,
Wa ash hadu anna Muhammadan		raise your right finger as you recite
abduhu wa rasulallah		

*For Fajr prayer, continue to step 17 to end.

*For Dhuhr, Asr and Isha: Repeat steps 3, 6-15 (twice, except the second time follow 15B; then complete remaining steps.

*For Maghrib, Repeat steps 3, 6-15B, then all remaining steps

Tor Magnine, Repear Steps 5, 0 100, men an remaining steps		
17. Allahuma sali ala	My God, honor	Remain seated
Muhamad wa ala ali	Muhammad and	
Muhamad	Muhammad's family	
Kama sallaita ala Ibrahima Wa ala ali	as you honored Abraham and Abraham's family.	
Ibrahima Wa ala ali	Surely, you are	
Ibranma Inaka hamidun majid Allahuma barik ala Muhamadin wa ala ali Muhamad	praiseworthy, the Great My God, bless Muhammad and Muhammad's family as you blessed Abraham and Abraham's family. Surely, you are	
Kama barakta ala Ibrahima wa ala ali	praiseworthy, the Great	

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Ibrahima		
Innaka hamidun majid		
18. Assalamu alaikum wa rahmatullah (twice, see note)	God's peace and blessings be upon you	1 st - Turn head to right and say this phrase
		2 nd - Turn head to left
		side and repeat this
		phrase.
*Your prayer is now complete, however now is an excellent time to make		
du'aa. It is sunnah to raise your hands as if holding an imaginary book to read		

in front of you as you do when making du'aa. Remember to first praise Allah, ask him to bless His messenger, then ask from Allah as you wish.

*If you prayed this prayer in congregation, it is recommended to say to the others, "Taqubil Allah mink" and the reply is "Minna wa mink." This means, "May Allah accept from you (your prayer)" and "From me and from you."